



# **MANIFESTING FROM THE INSIDE OUT**

**WITH BETTY IDARIUS & ADAM BULBULIA**

Learn the powerful tools & frames of Process Coaching®

- Clear blocks & manifest your deepest desires
- Have more love for yourself, partner, family & others
- Manifest the much needed healing for our world

Process Coaching is a unique approach for achieving deep emotional healing in the service of manifesting what you truly want. You will learn the powerfully effective tools and inner art of Process Coaching, a synthesis of Hypnotherapy, Neuro-Linguistic Programming, Right Use of Will, Shamanic Wisdom, Psychic Awareness, and the Intuitive Arts. As you bring the power of love and healing fully into your life, true magic and transformation happens.

**Betty Idarius** is co-director of Process Coaching Center and co-founder of Full Circle Wellness Resource Center in Ukiah. Her background includes 30 years as a homebirth midwife, and 17 years as a classical homeopath. She also has extensive experience in Neuro-Linguistic Programming, hypnosis, mind-body healing and spiritual psychology. Betty's passion is to bring unconditional loving acceptance to the deepest feeling parts of self, and to help others do the same. She offers individual Process Coaching sessions and relationship coaching for couples.

**Adam Bulbulia** is a certified Process Coach with seven years experience in Process Coaching and over 13 years of experience in the healing arts. Adam weaves together his experience as a Waldorf Educator with the healing approach cultivated in Process Coaching. "I love helping people become the guide on their own path to living their deepest dreams." Adam offers individual, relationship, and teen coaching sessions in Ukiah and Sebastopol.

**Six-Session Class: Wednesdays, April 7, 21, May 5, 19, June 2, 16  
6:00 – 8:30 pm ~ Mendocino, Location TBA**

Cost for the class series: \$225, which includes bi-weekly telephone check-ins, 180-page Process Coaching Practitioner Manual, and Healer's Practices 2-CD set.

For registration, or further information, contact: Betty 463-3739 or Adam 431-1739

**ProcessCoaching.com**