



# ***PASSIONATELY LIVING YOUR DEEPEST DREAM***

**Saturday, October 17, 2009**

**12:00 noon - 6:00 p.m**

*\*Separate Six-week Class to Follow 6:30pm-9:00pm, Wednesdays, Oct. 21, Nov. 4, 18, Dec. 2, 16, 30*

*Do you long to find the passion and purpose in your life? Do you want to feel the unconditional love that is your birthright? Do you want to connect with your unique gifts? Do you want to be the Healer of yourself and your world?*

*This all day workshop provides the space for major life shifts so that you can live the life you really want to live. We will create an environment of safety and support so that you can feel and embody your authentic self. We will explore and experiment so that you can connect to your gifts and find your life purpose. With a deep inner connection, your passion and purpose can blaze forward into the life of your dreams. Join us for a fun filled and transformational experience.*

- \* Love yourself unconditionally and unabashedly
- \* Remove and heal any blocks to having the life you desire
- \* Connect with your life purpose
- \* Dare to fulfill your deepest desires
- \* Engage life fully and passionately

***Pre-registration recommended***

**Price: \$95**

***For registration and further information contact::***

**Adam 431-1739 or Betty 463-3739**

**[www.ProcessCoaching.com](http://www.ProcessCoaching.com)**

***Betty Idarius*** is the co-founder of Full Circle Wellness Resource Center in Ukiah. Her background includes 30 years as a homebirth midwife, as well as extensive experience in Neuro-Linguistic Programming, hypnosis, mind-body healing and spiritual psychology. Betty's purpose is bringing healing to the most lost parts of self, so that we can be all of who we truly are. She offers individual process coaching sessions and relationship coaching for couples.

***Adam Bulbulia*** is a certified process coach with 6 years experience in process coaching and over 12 years of experience in the healing arts. Adam weaves together his experience as a Waldorf Educator with the healing approach cultivated in Healing to Wholeness. "I love helping people become their own guide on a pathway to embodying their deepest dreams and living the life they really want to live." Adam offers individual, relationship, and teen coaching sessions in Ukiah and Sebastopol.

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