

Wake Up Your Being...

And live a life that is truly yours!

LEARN THE POWERFUL TOOLS OF
PROCESS COACHING®



A SIX-SESSION CLASS WITH TRACEY WRIGHT

- ♥ Break free from old patterns
- ♥ Learn tools for healthy relating
- ♥ Reclaim lost parts of self
- ♥ Experience more happiness and joy

Process Coaching is a unique modality for achieving deep emotional healing so that you can be who you truly are. You will learn the powerfully effective tools and inner art of Process Coaching, a synthesis of hypnotherapy, Neuro-Linguistic Programming (NLP), Shamanic Wisdom, and other Intuitive Arts. The practices of Process Coaching allow you to transform any difficult emotion, be it loss of love, depression, anger, or fear, bringing the power of love and healing into your life, and becoming your own healer.



Tracey Wright is a certified Process Coach with over twelve years of experience in the healing arts. Tracey integrates her knowledge of Nonviolent Communication with the very effective healing tools of Process Coaching. She adds her unique gifts to Process Coaching drawn from her training and practice of qigong, nature awareness, ceremony, and meditation. She loves to explore and share the truth and power that comes from discovering the Self. Tracey offers individual, relationship, and teen coaching.

Six-Session Class: Wednesday, November 6 & 20, December 4 & 18, January 8 & 22
10:00 am – 12:30 pm in Sonora (call for directions)

Cost for the class series: \$150, which includes a weekly telephone check-in, 240-page Process Coaching Practitioner Manual, and Healer's Practices 2-CD set.

For registration, or further information, contact: Tracey at (209) 984-2086

ProcessCoaching.com/Tracey